

Vermont HS Track & Field Indoor State Championship

Friday & Saturday, February 9 & 10, 2018, University of Vermont
Burlington, VT

THIS YEAR: Division 2 – Friday, February 9, 2018 - 5:00 PM Field Events, 7:30 PM Running Events
Division 1 – Saturday, February 10, 2018 – 8:30 AM Field Events, 11:45 AM Running Events
This meet will be 2018 New England Indoor Championship Qualifier.

Meet Director/Referee: Amanda Arena/Travis Kupiec

Meet Administrator: Pavel Dvorak, Burlington HS

Entry Deadline: All schools 11:59 PM (midnight), Tuesday, February 6, 2018 using **Athletic.net** website.

Entries Limits: **INDIVIDUAL EVENTS:** Coaches may enter/declare any athlete with the official seed mark (athletes has competed in the event during the regular season), and have competed at least two (2) meets.

Only the top 12 ENTERED athletes will be accepted regardless of overall rank.

Entered athletes are expected to compete in every individual event they are entered in if selected. NO SCRATCHES ALLOWED. VPA Rule 3.4.8 (DNS Rule) is in effect. (No show athletes will be scratched from further competition at the Meet). **There will be no late entries, scratches/substitutes/alternates after the entry deadline.**

Only official seed marks (posted on Athletic.net ranking for every event) will be accepted. Converted times (1600 M Run, 3200 M Run) can be used only if submitted to Travis Kupiec (VITA) no later than 24 h after the meet. (Travis will convert times and upload it to Athletic.net rankings)

RELAYS: Coaches may enter one (1) relay team per relay event per team by the entry deadline above on Athletic.net website. 4-8 athlete's names must be listed. Any athletes out of 8 entered may compete.

It may take up to 48 hours to establish new account on Athletic.net web. Athlete's grade must be listed.

Rules: NFHS and VPA rules will be followed.

Entry Fees: Boys and Girls entry fees will be \$15.00 per individual up to a maximum of \$400.00 per school. Please make checks to The Vermont Indoor Track Association. Fees should be postmarked no later than January 31, 2017 and sent to Geoff Bennett, Geoffrey Bennett, 550 Dorset Street, South Burlington, 05403

Admission: **General Admission to the meet: adult \$8.00 and \$5.00 student. Food, Meet Programs and T-shirts will be sold. All spectators must remove their shoes when entering the facility.**

Implements & PV weigh-ins: Weigh-ins will be required for SP, WT and PV. Please see time schedule below. Only checked and marked equipment will be permitted in competition and in warm-up throws.

Pole Vault Weight Certification Form: Every coach of an athlete competing in PV must submit the Weight Certification Form to the PV official during the inspection prior to the start of the competition.

New England Championship Qualifying: The top six (6) athletes, once divisional results are merged, in each event (except PV, TJ and Weight Throw) will advance to the New England Championships. There will be no NE Qualifying Meet.

Vermont HS Track & Field Indoor State Championship

Spikes: Running and jumping events maximum 3/16" exposed.

Check in Running Events: Athletes checking in for running events

1. **Must report to the clerk of the meet** at the time the first call is given (approx. 15 min. before event starts) at the check-in area (next to the finish line). Athletes must stay in the check-in area till they are marched to the start.
2. **Athletes will receive their hip numbers, heat and lane assignment at the check in area.**
3. **Athletes are required to attach a timing chip(s) to a shoe in selected distance events for accurate lap count.**

Clerk will scratch all absent athletes on the 2nd final call (approx. 10 min. before event starts) and re-seed the event if necessary. **Missing athletes will not be re-entered after the re-seeding is done.**

Competitor Hip Numbers: Hip numbers must be worn on the left hip, centered, shirt must be tucked in. In events not finishing in assign lanes (distance etc.) additional hip number must be worn on the front and left side chest high.

Jury of Appeals: TBA

Vermont HS Track & Field Indoor State Championship

Time Schedule / Order of Events

Coaches Meeting 15 min before field events start

Field Events:

Athletes must inspect/weigh-in

Div.2 – Friday - 4:15 – 4:50 PM Pole Vault, Weight Throw and Shot Put

Div.1 – Saturday - 7:30 – 8:20 AM Pole Vault, Weight Throw and Shot Put

Div. 1 - 8:30 AM

Div. 2 - 5:00 PM

girls Pole Vault
girls High Jump
boys Long Jump
boys Weight Throw

to follow

boys Pole Vault
boys High Jump
girls Long Jump
girls Weight Throw

to follow

boys Triple Jump
girls Triple Jump
boys Shot Put
girls Shot Put

- *Opening heights in girls and boys High Jump will be determined by the games committee. Both will go up 2 inches after opening height.*
- *Opening height in girls and boys Pole Vault will be determined by the games committee. Both will go up 6 inches after opening height.*
- *In the Long Jump, Triple Jump, Shot Put and Weight Throw **there will be four (4) jumps/throws/puts, no final.***
- *In horizontal jumps and throws there will be one warm up jump / throw between flights.*
- *All field events will be arranged so that those with the best qualifying performances will compete at the end.*
- *In the High Jump and Pole Vault, the “5 alive” procedure will be used.*
- *In field events athletes may provide their own markers. Markers must be placed outside of runways. There is a maximum limit of 2 markers per competitor. Tape is OK.*
- *The head judge may change the order of competition to accommodate those who may be excused to participate in other events.*

Running Events:

Order of running events girls followed by boys

Athletes must check in before 2nd call is given.

Div. 1 - 11:45 AM - Saturday

Div. 2 - 7:30 PM - Friday

girls than boys;

4x800 m Relay Finals
55 m Hurdles Finals
55 m Dash Finals
4x200 m Relay Finals
1500 m Run Finals
600 m Run Finals
1000 m Run Finals
300 m Dash Finals
3000 m Run Finals
4x400 m Relay Finals

- *All running events will be run in sections with the fastest section running last.*
- *All athletes in running events must wear a hip number on the left hip, centered, shirt must be tucked in. Athletes in distance events must also wear a second hip number on the chest.*
- *Athletes in selected distance events may be required to attach a timing chip to their shoe to help with lap count.*

Vermont HS Track & Field Indoor State Championship

Check in Field Events: All athletes must report to the field event official at the time the first call is given (15 min. before event start; PV 30 min.) at the field event sector.

Athlete leaving for a running event must sign out on the first call and he/she must sign back in no later than 10 min. after the conclusion of the heat he/she was competing in.

Athlete participating in two or more field events at the same time he/she must go back and forth between these events.

Starting and successive heights of the crossbar:

Unless seven or less athletes remain in the competition, the bar will be raised when all present athletes cleared, passed or failed to clear the height. Excused, not present athletes participating in other events will be passed to the next height.

Entry Info

- All schools are divided into 2 Divisions. For Division alignment please see VPA website.
- **Entry Format – Athletic.net website ONLY.**
Please make sure you enter your athletes into correct events based on your team division.
- **Team Entry Limits per event – NO ATHLETES ENTRY LIMIT PER EVENT PER SCHOOL.** Maximum 4 (four) athletes per team per event may score.
- An athlete may be entered into maximum of 4 individual events excluding relays.
- An athlete may compete in maximum of 4 events including relays.
- An athlete is allowed to run no more than 2 races for 1000 m, 1500 m, and 3000 m Run.
- An athlete is required to participate in 2 (two) interscholastic indoor TF meets during the season to be able to enter the State Meet.
- **Questions about an athlete's eligibility** and/or entry performance must be brought to the meet administrator's attention no later than Thursday before the State Meet. Coach may be asked to provide meet results to document athlete's eligibility and/or entry performance.
- **A relay team must declare 4 runners competing prior to the competition. These runners must be listed in first 4 positions on a relay team. Coaches may enter maximum 8 athletes into one relay.**
- **Coaches must check their entries** on web by Thursday 8:00 AM. Performance and entry list by school will be posted.
- **Penalty for late entries apply according VPA TF Rules Book.**
- **Scratches – please email ASAP**