

BURLINGTON HIGH SCHOOL CROSS - COUNTRY RUNNING INVITATIONAL



Date: Saturday, September 8, 2018

Course: Start and finish on the **North Beach, Burlington, VT.**
Starting and finishing on North Beach of Lake Champlain, the fast and flat course runs through city park, woods and on the Burlington bike path (pavement sections). Please see the course maps.

Parking: School buses will drop off teams at Burlington HS and park at Leddy Park.
Parents may park at Burlington HS parking lot. (Satellite parking at Alliance Church).
North Beach parking is reserved for meet officials and handicap only. Cars parked at North beach must stay entire meet.

Time Schedule:

Citizens Race	8:30 AM (8:10 AM Registration closes)	5km <u>ON LINE REGISTRATION</u>
Junior HS Girls	9:45 AM	2.7 km
Junior HS Boys	10:15 AM	2.7 km
<i>Junior HS Awards Ceremony</i>		10:50 AM
JV Girls All Divisions	10:45 AM	5 km
JV Boys All Divisions	11:30 AM	5 km
All Divisions Varsity Girls	12:10 PM	5 km
All Divisions Varsity Boys	12:45 PM	5 km

All Schools will provide bib safety pins for their runners.

Awards:	Varsity races	JV races	Junior HS races
	Cups 1 st , 2 nd , 3 rd , Dog-tags for places 4 - 20	Dog-tags for places 1 - 10	Dog-tags for places 1 – 20
	Team Plaques 1 st , 2 nd , 3 rd	Team Plaques 1 st , 2 nd	Team Plaques 1 st , 2 nd , 3 rd

Individual dog-tags, team plaques and varsity cups will be given at the award ceremony **10 min** after the last race. Middle school awards ceremony will start right after HS girls JV race start.

Results: **LIVE TEAM SCORES & INDIVIDUAL RESULTS will be displayed using 60" TV at the finish.**
Printed results will be posted at the finish after every race.
All results will be uploaded to 802timing.com (internet data connection permitting).

Entry deadline: Tuesday, September 4, 2018, 11:59 AM EST (noon)

Entry format: Athletic.net website (free of charge for all teams) **Please see instructions below.**
High School – Team Entries – please enter all your participating runners into 5000 m Run - you will pay entry fees per entered runner (see below).
Middle School - Team Entries - please enter all your participating runners into 2700 m Run.
Athletes on your team roster not entered into the event will not be registered.

Team entries will be emailed to all coaches via Athletic.net after the deadline. Coaches are required to check their team entries!!!

CREATING ENTRIES USING ATHLETIC.NET IS 3 STEPS PROCESS:

- 1. Create your school account** It may take up to 48 hours to establish new account on Athletic.net web. Plan accordingly please. Please create separate teams/rosters/entries for middle school and HS athletes.
- 2. Enter your athletes** Athlete's grade must be listed.
- 3. Enter your athletes into the correct event.**

Your entries will be confirmed via Athletic.net after the posted deadline.

THIS PROCESS MUST BE COMPLETED ON ATHLETIC.NET WEB BEFORE THE POSTED ENTRY DEADLINE. AFTER THE DEADLINE THE ATHLETIC.NET WEB WILL CLOSE THE REGISTRATION PROCESS. ANY ROSTER ADDITIONS OR CHANGES AFTER THE ENTRY DEADLINE WILL NOT BE NOTED.

LATE ENTRIES – Additional late fee will be charged (please see below) – PLEASE DO NOT USE ATHLETIC.NET WEB SITE. Contact pdvorak@bsdvt.org for details.

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Entry fees: Mail to: Pavel Dvorak, BHS, 52 Institute Rd., Burlington, VT 05401, please make checks to Burlington High School, **fees must be paid prior to participation**. If check is not received by the race day coach will pay at the registration table. Payment by cash, check or CC (7% transaction fee will apply) will be accepted.

HIGH SCHOOL

HIGH SCHOOL BOYS: \$52.00	HIGH SCHOOL GIRLS: \$52.00
INDIVIDUALS: \$12.00	
LARGE TEAMS (OVER 15 ATHLETES PER GENDER) \$2.00 PER ATHLETE FOR EVERY ADDITIONAL (16 TH AND MORE) ATHLETE	

MIDDLE / JH SCHOOL

MIDDLE SCHOOL BOYS: \$ 42.00	MIDDLE SCHOOL GIRLS: \$42.00
INDIVIDUALS: \$10.00	

School additional late fees: \$50.00 school late fee, \$10.00 individual late fee till Wednesday. No late entries TH and FRI. Race day additional late fee: \$80.00 school late fee, \$20.00 individual late fee.

Meet Instructions – please inform your athletes about these procedures

Bib Safety Pins

- All Schools will provide bib safety pins for their runners. (2012 NVAC Coaches mtg.rule)




Timing Chips

- **Every high school athlete** will have assigned bib and **TWO (2) timing chips**. **Every middle school athlete** has assigned bib and **ONE (1) timing chip**. COMPETITOR'S NUMBERS AND CHIPS MUST BE ISSUED CORRECTLY ACCORDING TO THE TEAM ROSTER - INSIDE EVERY SCHOOL ENVELOP. Number on the chip(s) must match an athlete's bib number.
- Every athlete must attach a chip to his / her shoe(s) - HS one for each shoe - using wire ties– must see instructions bellow. 2 wire ties (MS) or 4 wire ties (HS) per runner will be provided inside a school envelop.
- An athlete's shoe(s) is the only location for the chip.
- **An athlete without chip(s) or a chip(s) attached at the different location than the shoe(s) will not be timed.**
- Coaches are responsible for all chips issued to their team / school.
- Unused chips of non-participating athletes must be returned to the race finish before the race start.
- Chips will be collected at the end of the finish chute.
- Athletes not finishing the race must bring their chips to the end the finish chute.
- There will be \$20.00 charge for every unreturned / lost / damaged chip.

Finish Line / Chute

- There will be no single file finish chute.
- Finish line cameras may be used to assure the most accurate order of finish.
- Finish line will be the 1st edge of the 1st timing mat of the running direction.
- Finish chute will be approx. 15 feet (5 meters) wide and up to 100 feet (30 meters) long.
- An athlete must cross all blue timing mats (up to 4 mats) at the finish than proceed to the end of the finish chute where his/her chip will be collected.
- There is no need to stay in the finish order after crossing the timing matts.

How to attach the chip

<p>Step 1</p> <p>Thread the wire ties under your shoe laces</p>		<p>Step 2</p> <p>Thread the IPICO Sport Tag onto the wire ties</p>		<p>Step 3</p> <p>Secure the IPICO Sport Tag by twisting the wires ties firmly together</p>		<ul style="list-style-type: none"> • Coaches are responsible for all chips issued to their team / school. • The number on the chip must match an athlete's bib number. Chips will be collected at the end of the finish chute. • There will be a \$20 charge for every unreturned / damaged / lost chip.
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